



**LALIGA** ACADEMY  
MALAYSIA

# WINTER CAMPS

Train Under the World-renowned  
LaLiga Methodology

**The Power of Our Fútbol**

18 to 30 December 2023





# THE LALIGA TRAINING METHODOLOGY

To offer the players a top quality training methodology, adapted to the context and focused on the player (individualisation), in order to allow them to attain sufficient skills and a competitive professional level through a long term integral training process.



## OUR COACHING PHILOSOPHY

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Welcome to the LaLiga Academy Malaysia's Winter Camp at Epsom College in Malaysia, the most complete football camp in Southeast Asia! We look forward to welcoming young talented players from all over the world to experience the LaLiga Training Methodology.

Our winter camp is designed to help players improve in 4 pillar areas which are their technical, tactical, physical & psychological skills a fun and challenging environment. This will help players boost their performance on and off the field in. This camp is for players of all ages and abilities, from beginners to advanced. Whether you are a young player who is just starting out or a seasoned veteran who is looking to take your game to the next level, we have something for everyone.

Our experienced and qualified coaches will guide you through a variety of drills and exercises that are designed to help you improve all aspects of your game. We will also provide you with personalised feedback and guidance to help you reach your full potential.

In addition to football training, our winter camp also offers a variety of other activities. We also have a variety of social events planned, so you can meet new friends and make memories that will last a lifetime.

We are confident that you will have a fantastic time at the camps. We look forward to helping you take your game to the next level!



**Diego Gutierrez Ramos**  
Technical Director & Head Coach

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W I N T E R C A M P S

# STATE-OF-THE-ART FACILITIES

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Natural grass 11-a-side football pitches



4G FIFA-certified football pitch



Futsal indoor pitches.



Brand new gym



Classroom for theoretical sessions



Outdoor swimming pool

W I N T E R   C A M P S



Football Pitch



Sports Hall



Outdoor Swimming Pool

# RESIDENTIAL FOOTBALL CAMPS (1-WEEK)

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Players aged 10 to 17 will have the opportunity to learn LaLiga's renowned training methodologies, guaranteeing the same world-class coaching that has produced some of the finest players globally. Our LaLiga coaches, who are UEFA Pro certified, bring an authentic training experience directly from Spain to us.

This one-week high-performance football camp is designed for students actively participating in school, club, or academy teams, offering a tremendously enriching experience.

Residential Football Camps (1-week)

**RM1,870** including SST per camp

Ages 10 to 17 years old



# UPCOMING CAMP DATES & SCHEDULE

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## CAMP 1

18th to 23rd December 2023

## CAMP 2

25th to 30th December 2023

Sunday Day 0	Monday Day 1	Tuesday Day 2	Wednesday Day 3	Thursday Day 4	Friday Day 5	Saturday Day 6
Arrival/ Orientation Briefing/Evening Activities	High-performance football training		Excursion	High-performance football training		Closing Ceremony

\*Subject to change

# ACADEMY LIFE

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At Epsom College in Malaysia where the LaLiga Academy Malaysia is located, the accommodation and the football pitches are Located on the same site. Every detail has been carefully thought out to ensure that your child has all the comfort and equipment necessary for their development.

Our pastoral team is on hand 24 hours a day, 7 days a week. We ensure well-balanced and nutritious meals for your child, the school is equipped with high-speed internet, air-conditioning in the rooms to provide a holistic and memorable experience for your child.



W I N T E R   C A M P S



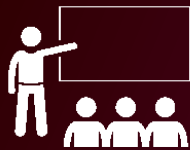
# UPCOMING OPEN DAY

16 MARCH 2024



## 1 to 1 Session

An opportunity to have a 1 to 1 session with our experts in their field.



## Departmental Showcase

Interactive academic departmental showcases

22 JUNE 2024



## Native Language Speakers

Native language speakers will be available to facilitate communication and support multilingual families.



## Transport

Pick-up from Tune Hotel, KLIA2 / ECM Libra, Damansara Height\*.

26 OCTOBER 2024



## Student - Led Tour

Explore our world-class campus on a guided tour led by our students.



## Hotel

Stay at the Tune Hotel, KLIA 2 at a discounted price.



## Football Discovery

Group sessions & consultation with our LaLiga Coaches

# PARTNER HOTELS

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## TUNE

Tune in KLIA2, a mere footsteps away from Kuala Lumpur International Airport Terminal 2 and around 20-minutes drive away from Epsom College in Malaysia. Tune Hotel's core proposition is to offer a great night's sleep at a great price. All of the Tune Hotels feature space-efficient, streamlined rooms focusing on high-quality basics: 5-star beds and powerful hot showers.



## THE CHOW KIT

Nestled in Kuala Lumpur, the Chow Kit exudes "Luxury Simplified" through a collection of thoughtfully designed, inspired by local stories and honest materials that are expressed through refined, modern design. Located approximately 1-hour away from Epsom, you may enjoy the amazing culture of Kuala Lumpur city and experience a wonderful stay.



## MOMO'S

MoMo's Kuala Lumpur is a new boutique hotel in the heart of Chow Kit, providing fun and laidback space for guests to mingle.

Booking Link: [www.epsomschool.typeform.com/EpsomHotelBkg](http://www.epsomschool.typeform.com/EpsomHotelBkg)  
Rate: RM190/night with 2 breakfast (Twin or Double Rooms)



**LALIGA** ACADEMY  
MALAYSIA

**REGISTER NOW**  
[events@epsomschool.com](mailto:events@epsomschool.com)

